



## SAINT ANDREW THE APOSTLE ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America

# Christ is The Word LOGOS

*The mission of Saint Andrew the Apostle Orthodox Church  
is to glorify our Lord and God and Savior Jesus Christ through our words and actions according to the Holy Traditions and Sacred Teachings of our  
Holy Orthodox Christian Faith*

**Glory to Jesus Christ! Glory forever!**

**November 2022**

### Wisdom

Worthless is the charity of the man who bestows it unwillingly, because material charity is not his, but God's gift, whereas only the disposition of the heart belongs to him.

*Righteous John, Wonderworker of Kronstadt  
My Life in Christ p.142*

**FALL FEST! - November 4 & 5**

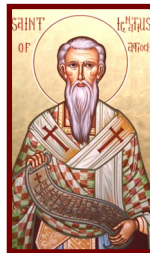
**We are counting on your help!**



Your support helps St. Andrew's to fulfill our ministries to our church family and enables us to support local ministries to the community. We appreciate every effort and contribution!

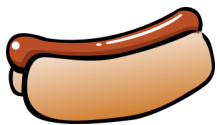
**FALL RETREAT - November 12**

Saint Ignatius of Antioch; His Life, Time, and Teachings. See the flyer on page 5.



**Hot Dog Sunday - November 13**

Reminder - the **second Sunday of each month** is **Hot Dog Sunday**. Of course, this will require your support. We would appreciate any and all **contributions** of hot dogs and rolls - they can be brought to the church and put in the refrigerator at any time.



**Feast of St. Andrew - November 30**

2022 marks the **15th anniversary** of St. Andrew Church, and the **10th anniversary** of our church on Mackenzie Way. On our Feast Day, November 30, join us for Divine Liturgy at 10 am, followed by a celebratory potluck luncheon (fasting menu, please), accompanied by a photo slideshow of St. Andrew's over the years. **If you have any photos of the activities of St. Andrew's, especially from the early years, please email them to standrewlewes@gmail.com.** Come celebrate with us!

**Time to think Stewardship!**

As we think about our stewardship in the Church - how we "give back" to God for all His blessings - we ask that you consider making a commitment of financial support to St. Andrew's.



**Your pledge**, communicated to us via the pledge form, **helps us to plan** and budget the church's finances for the coming year. If you give regularly but don't pledge, thank you! But it would be helpful for us if we know in advance what your planned giving will be. A pledge is not binding; no one will send you a bill. If your circumstances change, you are free to change your giving plan.

**Stewardship packets will be available for pickup** in the church foyer November 6 & 13 (please **save us a stamp!**) and the remainder mailed thereafter. Information is also posted on St. Andrew's website at [orthodoxdelmar.org/stewardship](http://orthodoxdelmar.org/stewardship).

We ask that you also fill out the Ministries panel and the Contact Information panel of the Stewardship brochure, even if nothing has changed, for our records.

**Word Magazine**

The Word Magazine is a publication of the Antiochian Archdiocese of North America and contains Orthodox news and edifying articles. The magazine is offered at no cost to all members of St. Andrew's. If you have not been receiving it, please let Kh. Vera know and she will put you on the mailing list.

## The Centrality of Prayer, Part 6: Canonical Prayer as Biblical Meditation

Fr. Herman Acker

May 2020

To speak about the “centrality of prayer” is to speak simultaneously of the importance of the Bible in the Christian life. The Scriptures enjoin us to pray: “Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you” (1 Thess. 5:16-18). Also, in Scripture we are taught how and what to pray, for example in Mathew 6:5-15 and the Book of Psalms.

We know how natural it seems to cry out to God when we are going through a difficulty in life. We might simply cry out, “God help me!” This is personal/individual prayer, a calling out to God who is our Helper and Savior. This is quite direct and natural. There is a “higher” - and in the long term more satisfying - form of prayer, which is Canonical Prayer (see part 5). We can, while keeping Canonical Prayer in mind, begin to talk about an important corollary, which is Biblical Meditation. For example, when one recites the Lord’s prayer audibly, one is practicing Biblical Meditation. It is Biblical because the Lord’s Prayer comes from the text of Matthew’s Gospel, i.e. the Bible, and audible recitation, which is Biblical meditation, is taught in Psalm 1:2, which of course is in the Bible.

Prayer

This meditation/audible recitation of God’s Law/Teaching, which is the expression of God’s wisdom, not only gives us the proper words but also teaches and challenges us to think and act differently in our lives. Remember that judgment is based on how we love God and our neighbor. This love can be taught. This love is not a sentimental kind of love. Biblically speaking, love is a covenant word as well as a wisdom word. God loves us and he expects us to love him and our fellow creatures and in doing so we are living in a way that corresponds with how things ought to be, and this is wisdom. A covenant is an agreement between two parties. The Scriptural covenant is an agreement with two unequal parties. God is the Master and we are his servants. He gives us his will in the divine Scriptures. As we recite them to God, we are at the same time going to His School of wisdom to learn how to think and act.

I would like to point out here that the Bible is not a rule book that gives us all the answers to our questions. Its function is to challenge us to think and act differently. If one has read the Bible from cover to cover one time one knows that the questions that arise are many. The Bible is not a checklist of dos and don’ts but a text to be studied and wrestled with. It is like wrestling with an Angel as the Patriarch Jacob did, who after the match was over was given a new name by the Angel: “Your name shall no longer be called Jacob, but Israel, for you have striven with God and with men, and have prevailed” (Genesis 32:28). The Bible does not yield its bounty easily. Any skill worth having takes some work, so why would the religious life be any different? Biblical Wisdom does not come all at once but through experience. One must be patient with Scripture; it takes time.

There is no better time than now to renew our commitment to reading the Bible or to begin this venerable Orthodox Tradition. If one were to go to the Icon of St. John Chrysostom that is on the South wall at St. Andrew’s Church in Lewes, DE, one would find the following words of St. John: “I also always entreat you ... to persevere continually in reading the divine Scriptures.”

A wonderful benefit we have in our world today is access to recordings of the Bible. Getting a recording of the Bible and listening to it regularly while doing chores around the house is a good way to expose oneself to the Sacred text. It is easier today than it has ever been to become familiar with the Bible. One could purchase, for example, the English Standard Version (ESV) of the Bible with the Apocrypha on one’s cell phone. There are free audio versions of this as well. If another good version is already in your possession, that is wonderful! We can read Scripture aloud or have it read to us by someone else. The word translated “meditates” in Psalm 1 means “recite” and hearing is believing.

*Please note that all Scripture references are taken from the English Standard Version (ESV).*

*To join our prayer team, contact Jan Petros.*

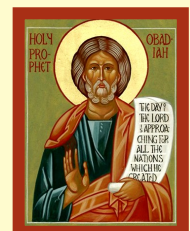
The pride of your heart has deceived you, you who live in the clefts of the rock, in your lofty dwelling, who say in your heart, “Who will bring me down to the ground?” Though you soar aloft like the eagle, though your nest is set among the stars, from there I will bring you down, declares the LORD.

...

But do not gloat over the day of your brother in the day of his misfortune; do not rejoice over the people of Judah in the day of their ruin; do not boast in the day of distress. Do not enter the gate of my people in the day of their calamity; do not gloat over his disaster in the day of his calamity; do not loot his wealth in the day of his calamity. Do not stand at the crossroads to cut off his fugitives; do not hand over his survivors in the day of distress. For the day of the LORD is near upon all the nations. As you have done, it shall be done to you; your deeds shall return on your own head.

Obadiah 1: 3-4, 12-15

The Holy Prophet Obadiah is commemorated on November 19.



November 2022

Every Saturday: 5:15 pm Confession 5:30 pm Choir Rehearsal 6 pm Vespers

TROPARION OF ST. ANDREW - Tone 4 - As the first-called Apostle and brother of their leader, O Andrew, intercede with the Master of all to grant peace to the world, and to our souls great mercy.

November 6 21st Sunday after Pentecost

Paul the Confessor, Archbishop of Constantinople (350)
Varlaam, Abbot of Khutyn (Russia, 1192)

Tone 4 Epistle: Galatians 2:16-20
Eothinon 10 (St. John 21:1-14) Liturgy Gospel: St. Luke 8:41-56

RESURRECTION TROPARION - Tone 4 - Having learned the joyful message of the resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples saying, Death hath been spoiled. Christ God is risen, granting the world great mercy!

November 13 St. John Chrysostom

Saint John Chrysostom, Archbishop of Constantinople (407)
Martyrs Nikēphoros, Antoninus, and Germanus of Caesarea, in Palestine (3rd cent.)

Tone 5 Epistle: Hebrews 7:26-28; 8:1-2
Eothinon 11 (St. John 20:14-25) Liturgy Gospel: St. Luke 10:25-37

RESURRECTION TROPARION - Tone 5 - Let us believers praise and worship the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the cross in the flesh, to suffer death, and to raise the dead by his glorious resurrection.

November 20 23rd Sunday after Pentecost

Hieromartyrs Nerses and Joseph and many others who suffered with them in Persia (343)
Martyrs Eustace, Thespesius, and Anatolius of Nicea (3rd cent.)

Tone 6 Epistle: Ephesians 2:4-10
Eothinon 1 (St. Matthew 28:16-20) Liturgy Gospel: Luke 12:16-21

RESURRECTION TROPARION - Tone 6 - When Mary stood at thy grave, looking for thy sacred Body, angelic powers shone above thy revered tomb, and the soldiers who were to keep guard became as dead men. Thou led'st hades captive and wast not tempted thereby; thou didst meet the Virgin and didst give life to the world. O thou who art risen from the dead, O Lord, glory to thee!

Give Thanks!

November 27 24th Sunday after Pentecost

James the Persian, Great Martyr (421)
James, Bishop of Rostov (Russia, 1391)

Tone 7 Epistle: Ephesians 2:14-22
Eothinon 2 (St. Mark 16:1-8) Liturgy Gospel: 8:18-27

RESURRECTION TROPARION - Tone 7 - Thou didst shatter death by thy Cross, thou didst open Paradise to the thief; thou didst turn the sadness of the ointment bearing women into joy, and didst bid thine Apostles proclaim a warning that thou hast risen, O Christ, granting to the world the great mercy!

Regular Schedule

Saturday 5:15 pm Confession 6 pm Vespers
Sunday 9 am Orthros 10 am Divine Liturgy

Be sure to visit our website at www.orthodoxdelmar.org/calendar for special services and the most up-to-date schedule.

Other November Services:

Entry of the Theotokos into the Temple Monday, November 21 Divine Liturgy 3 pm

Feast of St. Andrew Wednesday, November 30 Divine Liturgy 10 am Potluck Luncheon (fasting menu) Anniversary Photo Slideshow

Check our online calendar at www.orthodoxdelmar.org/calendar for the most up-to-date schedule.



This is the message we have heard from him and proclaim to you: that God is light, and in him is no darkness at all.

If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 John 1:5-9

Make note of our regular service times:

Saturday Confessions 5:15 pm Sunday Orthros/Matins 9:00 am
Saturday Vespers 6:00 pm Sunday Divine Liturgy 10:00 am

Please contact Father Herman for information about becoming a member of St. Andrew Orthodox Church

Rev. Father Herman Acker, Pastor
33384 Mackenzie Way, Lewes, DE 19958
302-645-5791

frherman1@gmail.com
orthodoxdelmar.org



# St. Andrew Orthodox Church 2022 FALL FEST!

**Friday, November 4 9 am to 5 pm**  
**Saturday, November 5 9 am to 4 pm**

**Themed Baskets!**



**Int'l Bake Sale!**



**International  
Foods!**



*And More!*



**Church Tours!**

**New this year: Mediterranean Market!**

St. Andrew Orthodox Church  
 33384 Mackenzie Way (off Plantation Rd.) - Lewes, DE 19958  
 302-645-5791 - StAndrewLewes@gmail.com  
 www.orthodoxdelmar.org



## St. Andrew Pre-Advent Retreat

**Saturday, November 12, 2022**

# Saint Ignatius of Antioch: His Life, Time, and Teachings

Presented by **Brian Ephrem Fitzgerald, PhD**

Saint Ignatius of Antioch, Bishop of Antioch during the reign of Roman Emperor Trajan (r. 98-117), was martyred for His faith in Christ around AD 107. His seven letters to local churches in Anatolia, Rome, and to Bishop Polycarp of Smyrna (d. 155) leave us a vibrant impression of his person, life, and thought. What we know of Saint Ignatius, we know from these letters, as well from brief notices in Saint Polycarp's letter to the Philippians. These Ignatian letters also give us a telling glimpse into the life, settings, and struggles of the early second-century Church, especially in and around Antioch, but also western Asia Minor. This study will analyze his seven letters, which were written when he was en route to Rome to be martyred.



*Brian Fitzgerald is an independent scholar, adjunct professor at Eastern University, and long-term Orthodox Christian with publications at Liverpool University Press, the Abdul Hameed Shoman Foundation, and the Annual of the Department of Antiquities of Jordan. He has special interests in Byzantine and Syriac Christian history and theology, as well as Roman, Late Antique, Byzantine, and Middle Eastern history in general. He also has a series of online Patristic-related lectures freely available at the URL: [https://sites.google.com/site/brianephrem/adult\\_patristic\\_studies](https://sites.google.com/site/brianephrem/adult_patristic_studies)*

### Retreat Schedule:

- 09:30 am: Coffee and welcome
- 10:00 am: Third Hour and First Presentation:  
*His Life, Time, and Settings*
- 11:15 am: Break
- 11:30 am: Second Presentation:  
*His "Primitive" Theology*
- 12:30 pm: Lunch
- 01:30 pm: Sixth Hour and Third Presentation:  
*His Theology of Salvation*
- 02:30 pm: Break
- 02:45 pm: Fourth Presentation:  
*His Theology of the Church*  
*followed by free discussion and Q&A*
- 03:45 pm: Ninth Hour and Confessions

All are welcome to remain for coffee, fellowship, and Vespers at 6:00 pm.

**Lunch will be provided.** (Free-will offerings will be accepted)

**Please register** so we may plan accordingly:

- ◆ Email [standrewlewes@gmail.com](mailto:standrewlewes@gmail.com)

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