



SAINT ANDREW THE APOSTLE ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America

Christ is The Word LOGOS

*The mission of Saint Andrew the Apostle Orthodox Church
is to glorify our Lord and God and Savior Jesus Christ through our words and actions according to the Holy Traditions and Sacred Teachings of our
Holy Orthodox Christian Faith*

Glory to Jesus Christ! Glory forever!

April 2024

Wisdom

Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Master is able to make him stand. One man esteems one day as better than another, while another man esteems all days alike. Let every one be fully convinced in his own mind. He who observes the day, observes it in honor of the Lord. He also who eats, eats in honor of the Lord, since he gives thanks to God; while he who abstains, abstains in honor of the Lord and gives thanks to God.

Romans 14:3-6

Charitable Works

Lunchbox WEDNESDAY!

Beginning in April, sandwich making will take place on the **second and last Wednesday of each month at noon**. On March 27, 15 volunteers made 272 sandwiches. **Please join us on WEDNESDAYS, April 10 and 24 at NOON**, when we do it again. Since beginning this ministry in March 2023, we have provided 2912 sandwiches for the homeless! Please see Lisa Wolak for details and to inquire about donations needed.

Essential items for the homeless

We are continuing our collection of essential items for the homeless, to be distributed through the Shepherd's Office in Georgetown. **Any** new or gently-used clothing or shoes are welcome. **Always needed and welcome are personal hygiene items, new socks and undergarments, and gently used tents, tarps, and camping goods.**



Ongoing collection of non-perishable foods

We continue to collect non-perishable food items and paper goods for the food pantry at the Christian Storehouse in Millsboro. Please do not donate anything beyond its expiration date.

Confessions

If you have not come for confession recently, Great Lent is an appropriate time to do so. Fr. Herman is available for confessions at 5:15 pm on Saturday, and before and after most services (advance notice is appreciated).

St. Andrew's 2024 Get-Away Fundraiser

This is your opportunity to **win a fabulous 7-Night Vacation** at the new and beautiful Hilton Grand Vacations Club hotel: Ocean 22, Myrtle Beach, South Carolina, **PLUS \$500** for expenses. Vacation Dates: Saturday, August 24 – Saturday, August 31, 2024. **See the flyer on page 6** for all the details!



Memorial Procession and Service

We have established an annual event dedicated to loved ones whose names appear on the Wall of Eternal Memory. This service will take place for the first time on **Sunday, July 7th**. If you are not aware of, or familiar with, the Memorial Chapel and Wall of Eternal Memory at St. Andrew, visit the 2nd foyer at the handicapped entrance, which is now our Memorial Chapel. Informational brochures are available there. Not only is this a tangible and visible way to continually express our remembrance of loved ones who have gone to their rest, but this annual event will now ensure that their names are formally raised in prayer during a memorial service each year.

At White House Meeting on Gaza, Vicar General Represents Archdiocese

At the invitation of the Biden Administration, and with the blessing of His Eminence Metropolitan Saba, Archpriest Thomas Zain, the Archdiocese's Vicar General and chairman of the Dept. of Inter-Orthodox and Inter-faith Relations, joined Christian leaders to plead for an end to the war in Gaza. Read more on the Archdiocese website: <https://antiochian.org/regulararticle/1976>

April 2024

Every Saturday: 5:15 pm Confession 5:30 pm Choir Rehearsal 6 pm Vespers

TROPARION OF ST. ANDREW - Tone 4 - As the first-called Apostle and brother of their leader, O Andrew, intercede with the Master of all to grant peace to the world, and to our souls great mercy.

Sunday, April 7 3rd of Lent: Veneration of the Cross

Saint Tikhon, Patriarch of Moscow, Enlightener of North America (1925) Venerable Serapion of Egypt (5th cent.)

Tone 3 Epistle: Herews. 4:14-5:6 Eothinon 11 (St. John 20:14-25) Liturgy Gospel: Mark 8:34 - 9:1

RESURRECTION TROPARION - Tone 3 - Let the heavens rejoice and the earth be glad; for the Lord hath done a mighty act with his own arm. He hath trampled down death by death and become the First-born from the dead. He hath delivered us from the depths of hades, granting the world the Great Mercy!

Sunday, April 14 4th of Lent: St. John Climacus

Saint Martin the Confessor, Pope of Rome (655) Martyr Ardalion the Actor (4th cent.)

Tone 4 Epistle: Hebrews 6:13-20 Eothinon 1 (St. Matthew 28:16-20) Liturgy Gospel: Mark 9:17-31

RESURRECTION TROPARION - Tone 4 - Having learned the joyful message of the resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples saying, Death hath been spoiled. Christ God is risen, granting the world great mercy!

Sunday, April 21 5th of Lent: St. Mary of Egypt

Saint Maximian, Patriarch of Constantinople (434) Hieromartyr Theodore of Perge in Pamphylia, his mother, Philippa, and Martyrs Dioscorus, Socrates, and Dionysius (Pamphylia, 2nd cent.);

Tone 5 Epistle: Hebrews 9:11-14 Eothinon 2 (St. Mark 16:1-8) Liturgy Gospel: Mark 10:32-45

RESURRECTION TROPARION - Tone 5 - Let us believers praise and worship the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the cross in the flesh, to suffer death, and to raise the dead by his glorious resurrection.

Sunday, April 28 6th of Lent: Triumphal Entry (Palm Sunday)

Apostles Jason, and Sospater of the Seventy, the Virgin Kerkyra, and those with them (Corfu, 1st cent.)

Matins Gospel: St. Matthew 21: 1-11, 15-17 Epistle: Philippians 4: 4-9 Liturgy Gospel: St. John 12: 1-18

PALM SUNDAY TROPARION - Tone 4 - O Christ God, when we were buried with thee in Baptism, we became deserving of thy Resurrection to eternal life. Wherefore, we praise thee, crying, "Hosanna in the highest! Blessed is he that cometh in the Name of the Lord!"



Regular Schedule

Saturday 5:15 pm Confession 6 pm Vespers Sunday 9 am Orthros 10 am Divine Liturgy

Check our online calendar at www.orthodoxdelmar.org/calendar for the most up-to-date schedule.

Other April Services:

See the Lenten Schedule on page 4 or pick one up in the church foyer. Be sure to set aside time to attend some of the many special services during the Great Fast.

Check our online calendar at www.orthodoxdelmar.org/calendar for the most up-to-date schedule.



FOOD FOR HUNGRY PEOPLE

Every year during the Great Fast all churches and missions of our Archdiocese gather alms for feeding the hungry. As we ourselves fast from rich foods and entertainments, we put money into our Lenten boxes (or, feel free to use an envelope to make your offering). After Pascha we bring these alms boxes back to church and we send the collected offerings to the Archdiocese for distribution by His Eminence, Metropolitan SABA, to as many needy situations as possible. May God bless us as we remember those who are hungry. Saint John Chrysostom has said that "feeding the hungry is a greater work than raising the dead."

Boxes and envelopes are available in the church hallway.

ALSO, donations to our local Needy Fund can be given any Sunday at the Coffee Hour.

Return your Food for Hungry People boxes after Pascha.

Make note of our regular service times:

Saturday Confessions 5:15 pm Sunday Orthros/Matins 9:00 am Saturday Vespers 6:00 pm Sunday Divine Liturgy 10:00 am

Please contact Father Herman for information about becoming a member of St. Andrew Orthodox Church

Rev. Father Herman Acker, Pastor 33384 Mackenzie Way, Lewes, DE 19958 302-645-5791

frherman1@gmail.com orthodoxdelmar.org

True Lenten Discipline

Fast from judging others;
Feast on Christ dwelling in them.

Fast from emphasis on differences;
Feast on the unity of all life.

Fast from apparent darkness;
Feast on the reality of all light.

Fast from thoughts of illness;
Feast on the healing power of God.

Fast from words that pollute;
Feast on phrases that purify.

Fast from discontent;
Feast on gratitude.

Fast from anger;
Feast on patience.

Fast from pessimism;
Feast on optimism.

Fast from worry;
Feast on God's providence.

Fast from complaining;
Feast on appreciation.

Fast from negatives;
Feast on positives.

Fast from unrelenting pressures;
Feast on unceasing prayer.

Fast from hostility;
Feast on non-resistance.

Fast from bitterness;
Feast on forgiveness.

Fast from self-concern;
Feast on compassion for others.

Fast from personal anxiety;
Feast on eternal truth.

Fast from discouragement;
Feast on hope.

Fast from facts that depress;
Feast on verities that uplift.

Fast from lethargy;
Feast on enthusiasm.

Fast from suspicion;
Feast on truth.

Fast from thoughts that weaken;
Feast on promises that inspire.

Fast from shadows of sorrow;
Feast on the sunlight of serenity.

Fast from idle gossip;
Feast on purposeful silence.

Fast from problems that overwhelm;
Feast on prayer that sustains.

May God grant you a
profitable Lent!

St Andrew's Lenten Services 2024

Lent begins March 18 - Mark your calendar now!

Set aside the time for these important services.

Wednesday, March 20	6:00 pm	Presanctified Liturgy, Lenten potluck supper
Friday, March 22	10:00 am	Presanctified Liturgy
Friday, March 25	10:00 am	Divine Liturgy for Annunciation Lenten potluck Luncheon
Wednesday, March 27	6:00 pm	Presanctified Liturgy, Lenten potluck supper
Saturday, March 30	10:00 am	Soul Saturday Divine Liturgy
Wednesday, April 3	6:00 pm	Presanctified Liturgy, Lenten potluck supper
Friday, April 5	10:00 am	Presanctified Liturgy
Wednesday, April 10	6:00 pm	Presanctified Liturgy, Lenten potluck supper
Friday, April 12	10:00 am	Presanctified Liturgy
Wednesday, April 17	6:00 pm	Presanctified Liturgy, Lenten potluck supper
Friday, April 19	6:00 pm	Akathist
Wednesday, April 24	6:00 pm	Presanctified Liturgy, Lenten potluck supper
Saturday, April 27	10:00 am	Divine Liturgy for Lazarus Saturday Preparation of Palms & Youth Activity
	6:00 pm	Vespers & Artoklasia for Palm Sunday
Sunday, April 28	9:00 am	Orthros for Palm Sunday
	10:00 am	Divine Liturgy for Palm Sunday

Great & Holy Week and Pascha

Sunday, April 28	6:00 pm	Bridegroom Matins
Monday, April 29	6:00 pm	Bridegroom Matins
Tuesday, April 30	6:00 pm	Bridegroom Matins
Wednesday, May 1	6:00 pm	Sacrament of Holy Unction
Thursday, May 2	3:00 pm	Vesperal Liturgy of St. Basil
	6:00 pm	Twelve Gospels Matins
Great Friday, May 3	10:00 am	Royal Hours
	3:00 pm	Vespers of Burial (taking down from the cross)
	6:00 pm	Lamentations Matins
Great Saturday, May 4	10:00 am	Vesperal Liturgy of St. Basil
	10:00 pm	PASCHAL SERVICES
		Please join us after the services for blessing of baskets & breaking of the Fast
Sunday, May 5	3:00 pm	Agape Vespers & Easter egg hunt

LOOKING AHEAD TO PASCHA - MAY 5

PASCHAL SERVICES BEGIN AT 10 PM, SATURDAY, MAY 4

How to Prepare a Traditional Pascha Basket



In many Orthodox countries, it is the custom to bring foods in a basket to be blessed at Pascha. The foods traditionally brought in the basket have special significance, but many people will add the foods they've missed the most during the Fast. The basket is usually covered with a white cloth embroidered with the words, "Christ is Risen." It is also customary to have a candle in it to light at the Blessing, which takes place at church following the Resurrection services.

What goes into the Pascha basket?



SWEET BREAD—Called Kulich or Paska by some, many "old country" traditions and recipes exist. This is a sweet yeast bread, rich in eggs, butter, milk, etc., sometimes with raisins, and perhaps baked with a red egg or decorated with Christian symbols. The Pascha bread is symbolic of Christ Himself, who is our Living Bread, and who has come down from heaven to give eternal life in the Eucharist. Just as bread is the "staff of life," Christ is our spiritual nourishment for eternal life.



EGGS—Hardboiled & decorated, eggs are always considered a symbol of the resurrection, the emergence of new life. At Pascha, our Savior came forth from the tomb as a chick breaks forth from its shell.



BUTTER—Traditionally shaped in the form of a lamb (can be just a stick), butter represents the Lamb of God who was offered on the altar of the cross for the life of the world.



MEATS—Lamb, Ham, Sausage, Veal, etc. A portion of any or all of these meats are put in the basket. The meat products symbolize the sacrificial animals of the Old Testament, foreshadowing the true sacrifice of our Savior, who became for us "the Lamb of God, taking away the sins of the world." As we learn from the prayer of blessing, the meat products also symbolize the fattened calf prepared for the Prodigal Son on his return to his Heavenly Father. Thus at Pascha we celebrate our return to God and our joyous participation in the blessings of our Savior, who promised to be our "true food."

SALT—Salt is necessary for flavor, and reminds the Christian of his duty to others. As salt preserves food, we are to be as salt in the world.



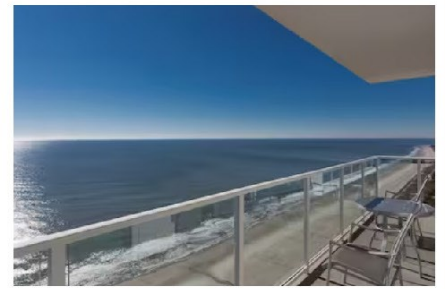
HORSERADISH—In some traditions mixed with grated red beets, this is symbolic of the Passion of Christ still in our minds, but sweetened with sugar because of the Resurrection. A bitter-sweet red mixture reminds us of the sufferings of Christ.



CHEESE OR CREAM CHEESE.

SPECIAL ITEMS — Chocolate, candy, wine, and other food items extend the joy of the Resurrection.





ST. ANDREW'S 2024 GET-AWAY FUNDRAISER

This is your opportunity to win a fabulous **7-Night Vacation** at the new and beautiful **Hilton Grand Vacations Club** hotel:

OCEAN 22 MYRTLE BEACH, SOUTH CAROLINA

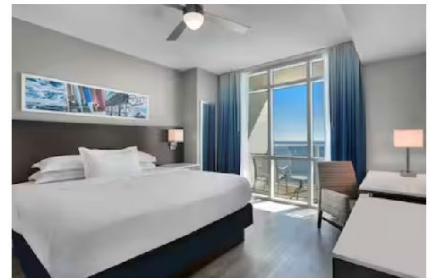
www.hilton.com/en/hotels/myrttgv-hilton-grand-vacations-club-ocean-22-myrtle-beach/

Vacation Dates: Saturday, August 24 – Saturday, August 31, 2024

Relax with an oceanfront view in this spacious, 3 BR, 2 BA, 1354 sq. ft. suite:

- ◆ The suite offers a generous living room with a sofa bed, 55-inch TV and large balcony overlooking the ocean
- ◆ The primary bedroom has a king-size bed, deluxe bathroom, and 43-inch TV.
- ◆ The second bedroom is furnished with a queen-size bed, LCD TV
- ◆ The third bedroom includes two queen-size beds, along with a separate bathroom with a shower/tub combination, LCD TV.
- ◆ Full kitchen with stove, microwave, dishwasher, dishware and utensils, and a washer/dryer.
- ◆ Large balcony overlooking the beach and ocean
- ◆ Accommodates up to 8 guests

Ocean 22 is ideally located on Myrtle Beach's Grand Strand with attractions such as Broadway at the Beach within two miles. This family-friendly resort offers free entry to Wild Water & Wheels parks, two refreshing pools overlooking the beach, beach access, a fitness center, onsite dining, a business center, and a private lounge.



All photos are representative of suites at this location. Your assigned suite may differ in configuration.

This Get-Away package ALSO INCLUDES \$500 Cash toward your transportation and other expenses!

Tickets are \$20 each or 3 for \$50

Drawing will take place immediately following liturgy on Sunday, July 21st.

For tickets or information please email: Marty Smith (memartysmith@outlook.com) or Ray Wolak (rwbears34@yahoo.com)

Please share this opportunity with your friends and neighbors to help support St. Andrew church!
All proceeds benefit St. Andrew Orthodox Church, Lewes, Delaware. Visit us at www.orthodoxdelmar.org