



## SAINT ANDREW THE APOSTLE ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America

# Christ is The Word LOGOS

*The mission of Saint Andrew the Apostle Orthodox Church  
is to glorify our Lord and God and Savior Jesus Christ through our words and actions according to the Holy Traditions and Sacred Teachings of our  
Holy Orthodox Christian Faith*

**Glory to Jesus Christ! Glory forever!**

**June 2024**

### Wisdom

So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from rivalry or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.

*Philippians 2:1-4*

### Bible Study: The First Five Books - Genesis

**St. Andrew's adult study begins June 12!** Wednesdays at 10 am and 6 pm. The foundation of all of the Scriptures is the first five books, commonly called the Books of Moses - Genesis, Exodus, Leviticus, Numbers, and Deuteronomy. We will begin with the Book of Genesis. The morning and evening sessions will run more or less parallel, depending on participation and discussion. **Please join us!**

### Sts. Barsanuphius & John

Our iconographer, Nick Papas, recently took part in a Christian Saints podcast hosted by James John Marks. Nick and Fr. Symeon Kees discussed with the host the lives and ministry of Sts. Barsanuphius the Great & John the Prophet (commemorated Feb 6 ). You can access this podcast at: <https://christiansaints.buzzsprout.com/1443073/14464868-ss-barsanuphius-john-a-conversation-w-fr-symeon-kees-nicholas-papas>. (If you don't want to type all that, feel free to email Kh. Vera at standrewlewes@gmail.com for the link.)



### Memorial Procession and Service

We have established an annual event dedicated to loved ones whose names appear on the Wall of Eternal Memory. This service will take place for the first time on **Sunday, July 7th**. If you are not aware of, or familiar with, the Memorial Chapel and Wall of Eternal Memory at St. Andrew, visit the 2nd foyer at the handicapped entrance, which is now our Memorial Chapel. Informational brochures are available there. Not only is this a tangible and visible way to continually express our remembrance of loved ones who have gone to their rest, but this annual event will now ensure that their names are formally raised in prayer during a memorial service each year.

### St. Andrew's 2024 Get-Away Fundraiser

This is your opportunity to **win a fabulous 7-Night Vacation** at the new and beautiful Hilton Grand Vacations Club hotel: Ocean 22, Myrtle Beach, South Carolina, **PLUS \$500** for expenses. Vacation Dates: Saturday, August 24 – Saturday, August 31, 2024. **See the display in the church foyer** for all the details!

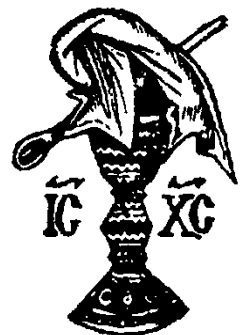


### PREPARATION FOR HOLY COMMUNION

An Orthodox Christian prepares by fasting from food and drink from bedtime until receiving Communion Sunday morning. If medication has been prescribed by a doctor, it is to be taken as directed. If you have any questions, consult with Fr. Herman. Prayer accompanies fasting, and your conscience may call for Confession. The Sacrament of Confession is available before or after most Services or by appointment.

### PRAYER OF THANKSGIVING AFTER RECEIVING COMMUNION

May thy holy Body, O Lord Jesus Christ our God, be unto me for life eternal, and thy precious Blood unto remission of my sins. May this Eucharist be unto me for joy, health, and gladness; and at thy dread Second Coming make me, a sinner, worthy to stand at the right hand of thy glory: through the intercessions of thine all-immaculate Mother and of all thy Saints. Amen.



## Charitable Works

### Lunchbox Wednesday

We gather together on the **second and last Wednesday of each month at noon** to make 300 sandwiches and bag them with other goodies for the homeless. **Please join us on WEDNESDAYS, June 12 and 26, at NOON**, when we do it again. Please see Lisa Wolak for details and to inquire about donations needed.



### Essential items for the homeless



We are continuing our collection of essential items for the homeless, to be distributed through the Shepherd's Office in Georgetown. **Any new or gently-used clothing or shoes are welcome. Always needed and welcome are personal hygiene items, new socks and undergarments, and gently used tents, tarps, and camping goods.**

### Ongoing collection of non-perishable foods

We continue to collect non-perishable food items and paper goods for the food pantry at the Christian Storehouse in Millsboro. Please do not donate anything beyond its expiration date.



## REVERENCE IN CHURCH

### How to Dress for Church

- ✦ Wear clean clothes
- ✦ Wear modest clothing.
- ✦ Save "beach" wear, tank tops, and muscle shirts for the beach.
- ✦ Avoid clothing with slogans or advertisements.
- ✦ Long pants for men, skirts or slacks for women. (Shorts for small children only.)
- ✦ "Sunday Best" still has meaning for us.
- ✦ Be strict with yourself, be lenient with others.



## KEEPING YOU INFORMED

### Parish Council

St. Andrew's Parish Council meets monthly to review many aspects of parish life and make decisions on changes and projects. The monthly minutes of the Parish Council meeting are available to you via email. Please contact Kh. Vera at [standrewlewes@gmail.com](mailto:standrewlewes@gmail.com) to be put on the distribution list.

### Needy Fund

What happens to the money we contribute to the Needy Fund? This fund provides Fr. Herman with the means to help people in our congregation and in the wider community when they have needs. Most often, this help consists in a grocery store gift card, but other needs have also been filled. This is one way we show our love for our neighbors.

### Camp Scholarship Fund

This year we will have three of your youth going to Antiochian Village Camp, where they will grow in the faith, meeting a great many Orthodox kids like and unlike themselves, and making friendships to last a lifetime. We are grateful to have a Camp Scholarship Fund that can assist with tuition. Many thanks to all who contribute!



### Standing vs. Sitting

The traditional posture for prayer and worship in the Orthodox Church has been to stand. In the Orthodox "old countries", there are usually no pews in the churches. Chairs or benches on the side walls are usually reserved for the elderly and infirm. In North America, we have tended to build our churches with pews, and since we have them, we need to figure out when we may sit and when we should stand.

First of all, it is fully acceptable (even preferable) to stand for the entire service. When should you definitely stand? Always during the Gospel reading, the Little and Great Entrances, the Anaphora, the distribution of Holy Communion, whenever the priest gives a blessing, and the Dismissal. In fact, it may be simpler to remember that you may sit during litanies (Lord have mercy), and stand for the rest.

Follow those instructions - it's probably safer than to follow what the people are doing in the first couple of rows. When in doubt, stand. It is never wrong to stand in church.

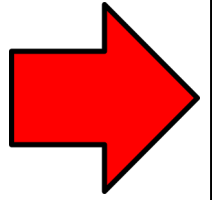
And let us not grow weary of doing good, for in due season we will reap, if we do not give up. So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith.

*Galatians 6:9-10*

## Signs

by Mary Ann Bulko

Some years ago, a frantic young woman approached me as I was heading into a subway station. While holding a cell phone and obviously late for an appointment, she hurriedly asked, “Which way is it to Manhattan?” “This way,” I said, while pointing toward the steps. As she dashed off, I found it curious and amusing that on the wall directly behind her was a large sign that read “TO MANHATTAN” with an equally huge arrow showing the way.



How often do things happen in our lives to which we are simply oblivious? We think of a loved one and suddenly the phone rings and that particular person is calling. We’re walking on a city street with its sea of faces, and we spot an old acquaintance that seems to blindly scoot by us. Or there’s a big sign showing us which “way to go” and we are simply impervious or blind to it!

The beloved disciple St. John, the youngest of the apostles, authored a gospel often referred to as the “book of signs.” Regarding his own work John said, “And truly Jesus did many other signs in the presence of His disciples which are not written in this book, but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name” (John 20:30-31). These signs to which he refers are the miracles or works of Jesus. This gospel reveals only seven of these signs, but seven is also a number that indicates fullness. Perhaps it was all that was deemed necessary. It has also been said that every single word in the Holy Scriptures is written for a particular reason as it pertains to our salvation and that of all mankind.

The first sign then given by Jesus takes place at a wedding in Cana in Galilee. It is said that this area of land was inhabited mostly by Gentiles. This is already an early indication that the message and joy of Christ’s Kingdom was to reach beyond Judea and the lands commonly linked to the Jews. We know, of course, that Jesus turns water into wine at this wedding but the details and circumstances that accompany this miracle are replete with symbolism and pre-figured imagery. (The Orthodox Study Bible is a great source of information in this regard.)

Regarding the use of signs, although Jesus does admonish some for their need of signs and wonders to establish, strengthen, or restore their faith; nevertheless, He offers many signs in order to reveal His power as God. Are we the type of Christians who still require signs or miracles? We have but to witness the response of people to a “weeping icon” or a religious “stigmata.” There are those whose faith might be strengthened by such phenomena and still others who will doubt or question their validity.

Signs are offered all the time even in our age. We simply need to be more aware and attuned to the very works or grace of God all around us. It is true both now and in those days when Christ walked amongst His disciples in the days following His resurrection, that there were and still are those who refuse to believe. St. Thomas, one of the apostles, is known for expressing his doubts until he could see the Lord with his own eyes, and even then had to place his finger in Christ’s wound. St. Paul devotes a good deal of writing on this subject when he addresses the Corinthians in His letter (1Cor 15:12). There will be those who don’t believe even if the dead are resurrected to life!



For us Christians, the ultimate sign is the Cross. It remains the victorious symbol over sin and death. Be not like the Pharisees and Sadducees who asked for signs from heaven. Jesus says to them you can tell by the sky whether it will be fair or stormy. “You know how to interpret the appearance of the sky, but you cannot interpret the signs of the times. An evil and adulterous generation seeks for a sign, but no sign shall be given to it except the sign of Jonah.’ So he left them and departed.”

**CHRIST IS RISEN! CHRISTOS VOSKRESE! CHRISTOS ANESTI!**



**June 2024**

**Every Saturday:** 5:15 pm Confession 5:30 pm Choir Rehearsal  
6 pm Vespers

**TROPARION OF ST. ANDREW** - Tone 4 – As the first-called Apostle and brother of their leader, O Andrew, intercede with the Master of all to grant peace to the world, and to our souls great mercy.

**June 2** **Christ is Risen!** **Samaritan Woman**  
Saint Nikephoros the Confessor (828); New Martyr John of Sochi (14th cent.)

Tone 4 Epistle: Acts 11:19-30  
Eothinon 7 (St. John 20:1-10) Liturgy Gospel: St. John 4:5-42

**RESURRECTION TROPARION** - Tone 4 - Having learned the joyful message of the resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples saying, Death hath been spoiled. Christ God is risen, granting the world great mercy!

**June 9** **Christ is Risen!** **Blind Man**  
St Columba of Iona, Enlightener of Scotland (450); Saint John of Shavta-Gelati (14th cent.)

Tone 5 Epistle: Acts 16:16-34  
Eothinon 8 (St. John 20:11-18) Liturgy Gospel: St. John 9:1-38

**RESURRECTION TROPARION** - Tone 5 - Let us believers praise and worship the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the cross in the flesh, to suffer death, and to raise the dead by his glorious resurrection.

**June 16** **Fathers of the 1st Ecumenical Council**  
Saint Kaikhosro the Georgian (18th cent.); St Moses, founder of Optina Skete (1862)

Tone 6 Epistle: Acts 20:16-18, 28-36  
Eothinon 9 (St. John 20:19-31) Liturgy Gospel: St. John 17:1-13

**RESURRECTION TROPARION** - Tone 6 - When Mary stood at thy grave, looking for thy sacred Body, angelic powers shone above thy revered tomb, and the soldiers who were to keep guard became as dead men. Thou led'st hades captive and wast not tempted thereby; thou didst meet the Virgin and didst give life to the world. O thou who art risen from the dead, O Lord, glory to thee!

**June 23** **PENTECOST**  
Agrippina, virgin & martyr (Rome, 275); Joseph Zaonikysky (Russia, 1612)

Matins Gospel: St. John 20:19-23 Epistle: Acts 2:1-11  
Liturgy Gospel: St. John 7:32-52, 8:12

**PENTECOST TROPARION** - Tone 8 - Most blessed art thou, O Christ our God, who when thou hadst made the fishermen most wise, did send down upon them the Holy Spirit, and by them didst draw the world into thy net! O Lord of mercy, glory to thee!

**June 30** **1st Sunday after Pentecost - All Saints**  
Synaxis of the Twelve Apostles; Andrew the God-lover, Prince of Russia (1174)

Tone 8, Epistle: Hebrews 11:33 - 12:2  
Eothinon 1 (St. Matthew 28:16-20) Liturgy Gospel: St. Matthew 9:36 - 10:8

**RESURRECTION TROPARION** - Tone 8 - From the heights Thou didst descend, O Compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion. Thou art our Life and our Resurrection, O Lord. Glory to Thee!

**Regular Schedule**

**Saturday** 5:15 pm Confession  
6 pm Vespers  
**Sunday** 9 am Orthros  
10 am Divine Liturgy

Check our online calendar at  
[www.orthodoxdelmar.org/calendar](http://www.orthodoxdelmar.org/calendar)  
for the most up-to-date schedule.

**Other June Dates:**

**Thursday, June 13**  
**Holy Ascension**  
Divine Liturgy 10 am  
Followed by a potluck luncheon.

**Sunday, June 23**  
**Pentecost**  
Saturday & Sunday services as usual.  
Kneeling prayers at the end of liturgy.

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**Recommended Resources**

**Orthodox Center for the Advancement of Biblical Studies (OCABS):**  
[www.ocabspress.org](http://www.ocabspress.org)  
Publications and podcasts on the Scriptures.

**Ephesus School Network:**  
[www.ephessuschool.org](http://www.ephessuschool.org)  
Offering several series of podcasts on the Scriptures.

**Vexed Podcast:**  
<https://vexed.transistor.fm/>  
Andrea Bakas explores examples from our world and culture to help us better understand the biblical text.

**Coming and Going**

If you've been away and missed a Sunday Liturgy, thank you for remembering that our Church offerings are still needed on a regular basis.

**SHARE THE GOOD NEWS:**

Tell others about our services!  
BRING SOMEONE to church with you next time!  
PRAY for one another!

**Make note of our regular service times:**

Saturday Confessions 5:15 pm Sunday Orthros/Matins 9:00 am  
Saturday Vespers 6:00 pm Sunday Divine Liturgy 10:00 am

Please contact Father Herman for information about becoming a member of St. Andrew Orthodox Church

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