



**SAINT ANDREW  
THE APOSTLE  
ORTHODOX CHURCH**

*Antiochian Orthodox Archdiocese of North America*

Christ is The Word  
**LOGOS**

*The mission of Saint Andrew the Apostle Orthodox Church  
is to glorify our Lord and God and Savior Jesus Christ through our words and actions according to the Holy Traditions and Sacred Teachings of our  
Holy Orthodox Christian Faith*

**Glory to Jesus Christ! Glory forever!**

**September 2024**

**Wisdom**

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you. Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever. Amen.

*1 Peter 5:6-11*

**HAPPY NEW YEAR!**

The First Ecumenical Council in Nicaea in 325 decreed that the Church year should begin on September 1. The month of September was, for the Hebrews, the beginning of the civil year, the month of gathering the harvest and of the offering of thanks to God. It was on this feast that the Lord Jesus entered the synagogue in Nazareth, and opened the book to read from the Prophet Isaiah, as found in today's Liturgy Gospel reading. The month of September is also important in the history of Christianity, because Emperor Constantine the Great was victorious over Maxentius, the enemy of the Christian Faith, in September. Following this victory, Constantine granted freedom of confession to the Christian Faith throughout the Roman Empire.

**A NEW YEAR PRAYER**

O Master, Lord, our God, the source of life and immortality, the Author of all created things, both visible and invisible, who has established all seasons and times by thine own authority and dost direct all things with thine all-wise and all-gracious providence: we thank thee for thy bounties, which thou has poured out upon us during our life that is past. And we entreat thee, O all-bountiful Lord: bless the crown of the new year by thy goodness. Bestow thy good things from above upon all thy people, as well as health, salvation, and furtherance in all good things. Deliver thy holy Church, this city and all cities and countrysides from every evil assault, and vouchsafe unto them peace and tranquility; and grant that we may always offer thanksgiving unto thee, the unoriginate Father, together with thine only-begotten Son, and thine all-holy and good and life-giving Spirit, now and ever and unto ages of ages. Amen

**UPCOMING EVENTS**

**Sunday School / Parish Picnic - October 13**

**Bishop Thomas visit - October 19-20**

**Fall Fest - November 1-2.** See info on Page 2 and the flyer on Page 5.

**THE TWELVE GREAT FEASTS OF  
ORTHODOXY**

**Add these dates to your calendar and keep them in mind as you schedule appointments, to keep these days clear for church services!**

**September 8,** The Nativity of the Theotokos

**September 14,** The Elevation of the Holy Cross

**November 21,** The Presentation of the Theotokos

**December 25,** Christmas, the Nativity of Christ.

**January 6,** Theophany, the Baptism of Christ

**February 2,** The Meeting (Presentation) of the Lord.

**March 25,** The Annunciation

**The Sunday before Pascha,** Palm Sunday

**Forty Days after Pascha,** The Ascension of Christ

**Fifty Days after Pascha,** Pentecost

**August 6,** The Transfiguration

**August 15,** The Falling Asleep of the Theotokos

**THE GREAT FEAST OF CHRIST'S RESURRECTION STANDS  
ABOVE ALL THE OTHERS.**

**WE LIVE FROM PASCHA TO PASCHA!**

**APRIL 20, 2025**

## Charitable Works

### Lunchbox Wednesday

We gather together on the **second and last Wednesday of each month at noon** to make 300 sandwiches and bag them with other goodies for the homeless. **Please join us on WEDNESDAYS, September 11 & 25, at NOON**, when we do it again. Please see Lisa Wolak for details and to inquire about donations needed.



**It's  
Easy  
to  
Help!**

### Essential items for the homeless

We are continuing our collection of essential items for the homeless, to be distributed through the Shepherd's Office in Georgetown. **Any** new or gently-used clothing or shoes are welcome. **Always needed and welcome are personal hygiene items, new socks and undergarments, and gently used tents, tarps, and camping goods.**

### Ongoing collection of non-perishable foods

We continue to collect non-perishable food items and paper goods for the food pantry at the Christian Storehouse in Millsboro. Please do not donate anything beyond its expiration date.

### Shepherd's Office Amazon Wish List

The good folks at the **Shepherd's Office in Georgetown** ([www.shepherdsoffice.org](http://www.shepherdsoffice.org)) love to help others and bring them love, care and peace. They provide meals, clothing, and services to the needy in our area. **St. Andrew's helps** them by providing 300 **sandwiches** twice a month and donating **clothing** we no longer need. (See info on p. 2.) If you are looking for **another way to help**, you can **donate funds** online at [www.degives.org/orgs/shepherds-office-inc](http://www.degives.org/orgs/shepherds-office-inc) or purchase needed items from their **Amazon wishlist** ([www.amazon.com/hz/wishlist/ls/2JFM9O9TP1VTC/ref=hz\\_ls\\_biz\\_ex](http://www.amazon.com/hz/wishlist/ls/2JFM9O9TP1VTC/ref=hz_ls_biz_ex)), which can be shipped directly to them. **Thank you for your generosity to those in need!** (Email Kh. Vera at [standrewlewes@gmail.com](mailto:standrewlewes@gmail.com) to have these links sent to you for easy clicking!)

## Fall Fest! Save the Date!

Friday & Saturday, November 1 & 2

Start thinking about how you will help:

Event book - Themed Baskets - Bake Sale - Food Prep - Staffing

We are relying on you!



It's time to make plans for the **Fall Fest!** It will take place **Friday & Saturday, November 1 & 2.**

**We are counting on you to help.** As we get closer to the date, we'll ask for volunteers for specific tasks, but **right now you can begin to help in these ways:**

- **Create a themed basket** for our raffle. Feel free to team up with a friend! If you don't feel able to do a whole basket, you can **donate a significant item** around which a basket can be created by someone else. See Joy Smith for details. (Please provide the name of your basket to Kh. Vera by Sept 30.)
- **Sponsor a page in our event book.** Provide a **memorial** page for your departed loved ones, **give thanks** to God for blessings, **advertise your business**, **express good wishes** to St. Andrew's for a successful Fall Fest. Order forms are available in the church foyer. (Deadline Sept. 30.) See Kh. Vera with questions.
- **Ask the businesses you frequent to sponsor a page in the event book.** If they say no, that's okay, but please ask! Letters and order forms are available in the church foyer.
- **Provide a recipe for the event book.** We are particularly looking for **international specialties**, and would like to have 10-12 for the book. Please give to Kh. Vera by Sept. 30. See Kh. Vera with questions.
- **Tell all your friends and neighbors** about the Fall Fest and invite them to come! A flyer is provided in this newsletter and is available in the church foyer for you to give out and post in community clubhouses and public spaces as permitted. An electronic copy has been emailed so you can share it on social media.

**Please join us!** "Many hands make light work!"

## Coffee Hour Reminders

We invite everyone to bring some food to share for Sunday coffee hour. Coffee hour is not only for “us,” it is for our guests! Please join us in this offering of hospitality.

- It is not necessary to prepare any "meal" foods; it can be **something simple** you picked up at the grocery store on the way to church. Every contribution is greatly appreciated! ALSO - Please remember to gather and take home your serving dishes and utensils!
- We have lovely and generous helpers who work in the kitchen or come around and pick up your used plates and cups at coffee hour, but **please be sure to clean up after yourself** as needed and **help in the kitchen** from time to time.
- Please be careful to put **trash in the trash receptacle** and **bottles/cans in the recycling receptacle**. Liquids should be emptied into the sink before placing containers in either the trash or recycling bin. (Note that **styrofoam, plastic cups, plastic wrap, and napkins/paper towels are NOT recyclable.**)
- Make note of when **supplies** are needed, and notify Pam Smith or Myrna Vidos. (Donations of paper goods, soft drinks, milk/creamers, and other supplies are always welcome!)

### Easy coffee hour ideas:

- Chips & dips, pretzels
- Bagels/bread and spreads
- Salads, fresh veggies
- Fresh fruit, nuts
- Sliced meat and cheeses
- Cookies, cakes, brownies, pies



May God bless your generosity!

## BEING ANTIOCHIAN ...

*“The disciples were first called Christians in Antioch” (Acts 11:26)*

**OUR PATRIARCHATE:** The Greek Orthodox Patriarchate of Antioch and All the East. **Our Patriarch:** His Beatitude, JOHN X. Patriarchal offices and residence on “the Street called Straight” (Acts 9:11) in Damascus, Syria.

**OUR ARCHDIOCESE:** The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America. **Our Metropolitan:** His Eminence, The Most Reverend Metropolitan SABA, Primate, and Bishop of New York and Washington. Chancery, Englewood, NJ.

**OUR DIOCESE:** The Diocese of Charleston, Oakland and the Mid-Atlantic. **Our Diocesan Bishop:** The Right Reverend Bishop THOMAS. Chancery, Charleston, WV.

Find out more at [www.antiochian.org](http://www.antiochian.org)

## Women of St. Andrew’s

On August 20, several women gathered for fellowship and created lovely jars of salt scrub for skin care.

**Ladies, please join us on September 27** for an evening of fellowship and fun on a sunset cruise. Please contact Sharon Metaxas ([sharonjmetaxas@gmail.com](mailto:sharonjmetaxas@gmail.com)) for details and to RSVP. Details have previously been sent out via email. Please let Kh. Vera ([standrewlewes@gmail.com](mailto:standrewlewes@gmail.com)) know if you have not been getting emails about women’s events.

## REVERENCE IN CHURCH - DISMISSAL

At the dismissal, the post-communion prayers are being read. This is the time we thank the Lord for feeding us with his body and blood, and we should be focusing on that and not socializing. Please refrain from conversation until you have left the sanctuary.

## THE ORDER OF SAINT IGNATIUS OF ANTIOCH

*Looking for a few good men and women to join in this ministry!* The Order welcomes those who would like to reach out and help Orthodoxy meet needs at home and abroad. Ask Pam Smith for information about joining this philanthropic ministry. God willing, we’ll be inducting members when His Grace Bishop Thomas visits us the weekend of October 19-20.



## Psalm 100

A PSALM FOR GIVING THANKS.

Make a joyful noise to the LORD, all the earth!

Serve the LORD with gladness! Come into his presence with singing!

Know that the LORD, he is God! It is he who made us, and we are his; we are his people, and the sheep of his pasture.

Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name!

For the LORD is good; his steadfast love endures forever, and his faithfulness to all generations.

**September 2024**

**Every Saturday:** 5:15 pm Confession 5:30 pm Choir Rehearsal  
6 pm Vespers

**TROPARION OF ST. ANDREW** - Tone 4 – As the first-called Apostle and brother of their leader, O Andrew, intercede with the Master of all to grant peace to the world, and to our souls great mercy.

**September 1 Church New Year (Indiction)**

St. Symeon Stylites (the Elder) (459) and his mother St. Martha (428)  
St. Aegidius of Camargue (Gaul, 590)

Tone 1 Epistle: 1 Timothy 2:1-7  
Eothinon 10 (St. John 21: 1-14) Liturgy Gospel: St. Luke 4:16-22

**RESURRECTION TROPARION** - Tone 1 - While the stone was sealed by the Jews, and the soldiers were guarding thy most pure Body, thou didst arise on the third day, O Saviour, granting life to the world. For which cause the heavenly powers cried aloud unto thee, O Giver of life: Glory to thy resurrection, O Christ! Glory to thy kingdom! Glory to thy providence, O thou who alone art the Lover of mankind!

**September 8 Nativity of the Theotokos**

King Ina of Wessex and Queen Ethelburga (Britain, 8th c.)  
St. Sophronius of Aghtalea in Georgia, bishop (1803)

Tone 2 Epistle: Galatians 6:11-18  
Eothinon 11 (St. John 20: 14-25) Liturgy Gospel: John 3:13-17

**RESURRECTION TROPARION** - Tone 2 - When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy godly power. And when Thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto Thee: O Thou who art risen from the dead, O Lord, glory to Thee!

**September 15 Sunday after the Cross**

Martyr Porphyrius the Mime of Caesaria (361)  
St. Joseph the New of Partos, metropolitan of Timisoara (Romania, 1656)

Tone 3 Epistle: Galatians 2:16-20  
Eothinon 1 (St. Matthew 28: 16-20) Liturgy Gospel: St. Mark 8:34 - 9:1

**RESURRECTION TROPARION** - Tone 3 - Let the heavens rejoice and the earth be glad; for the Lord hath done a mighty act with his own arm. He hath trampled down death by death and become the First-born from the dead. He hath delivered us from the depth of hades, granting the world the Great Mercy!

**September 22 13th Sunday after Pentecost**

Prophet Jonah (9th c. BC)  
Hieromartyr Emmeram, bishop in Gaul, martyred at Regensburg (Bavaria, 690)

Tone 4 Epistle: 1 Corinthians 16:13-24  
Eothinon 2 (St. Mark 16: 1-8) Liturgy Gospel: St. Luke 5:1-11

**RESURRECTION TROPARION** - Tone 4 - Having learned the joyful message of the resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples saying, Death hath been spoiled. Christ God is risen, granting the world great mercy!

**September 29 14th Sunday after Pentecost**

St. Cyriacus the Hermit of Palestine (556); St. Cyprian, abbot, of Ustiug (Vologda) (1276)

Tone 5 Epistle: 2 Corinthians 1:21 - 2:4  
Eothinon 3 (St. Mark 16: 9-20) Liturgy Gospel: St. Luke 6:31-36

**RESURRECTION TROPARION** - Tone 5 - Let us believers praise and worship the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the cross in the flesh, to suffer death, and to raise the dead by his glorious resurrection.

**Make note of our regular service times:**

Saturday Confessions 5:15 pm Sunday Orthros/Matins 9:00 am  
Saturday Vespers 6:00 pm Sunday Divine Liturgy 10:00 am

**Please contact Father Herman for information about becoming a member of St. Andrew Orthodox Church**

**Regular Schedule**

**Saturday** 5:15 pm Confession  
6 pm Vespers  
**Sunday** 9 am Orthros  
10 am Divine Liturgy

Check our online calendar at  
[www.orthodoxdelmar.org/calendar](http://www.orthodoxdelmar.org/calendar)  
for the most up-to-date schedule.

**Other September Dates:**

**Nativity of the Theotokos**  
**Sunday, September 8**  
Saturday and Sunday services as usual.

**Elevation of the Cross**  
**Saturday, September 14**  
Divine Liturgy, 10 am  
Potluck luncheon (fasting menu)

Check our online calendar at  
[www.orthodoxdelmar.org/calendar](http://www.orthodoxdelmar.org/calendar)  
for the most up-to-date schedule.

He has shown you, O man, what is good;  
and what does the LORD require of you  
but to do justly, to love mercy, and to  
walk humbly with your God?

*Micah 6:8*

Who is a God like You, pardoning  
iniquity and passing over the  
transgression of the remnant of His  
heritage? He does not retain His  
anger forever, because He delights  
in mercy. He will again have  
compassion on us, and will subdue  
our iniquities. You will cast all our  
sins into the depths of the sea. You  
will give truth to Jacob and mercy to  
Abraham, which You have sworn to  
our fathers from days of old.

*Micah 7:18-20*



**Rev. Father Herman Acker, Pastor**  
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Baklava - Tsoureki - Tortenboden - Kourabiethes

# St. Andrew Orthodox Church 2024

# FALL FEST!

Friday, November 1 9 am to 5 pm  
Saturday, November 2 9 am to 4 pm

**Themed Baskets!**

**Int'l Bake Sale!**



**Int'l Foods!**

**Church Tours!**

**Plus: Mediterranean Market & Treasure Shed!**

St. Andrew Orthodox Church

33384 Mackenzie Way (off Plantation Rd.) - Lewes, DE 19958

302-645-5791 - StAndrewLewes@gmail.com

www.orthodoxdelmar.org

Halupki - Falafel - Pastitsio - Gyro - Pierogies - Bott Boi

Moussaka - Crepes - Spanakopita - Kielbasa w/Sauerkraut

Galaktobouriko - Rice Pudding - Melomakarona