



SAINT ANDREW THE APOSTLE ORTHODOX CHURCH

Antiochian Orthodox Archdiocese of North America

Christ is The Word LOGOS

*The mission of Saint Andrew the Apostle Orthodox Church
is to glorify our Lord and God and Savior Jesus Christ through our words and actions according to the Holy Traditions and Sacred Teachings of our
Holy Orthodox Christian Faith*

Glory to Jesus Christ! Glory forever!


November 2024

Wisdom

O give thanks to the LORD, for he is good, for his steadfast love endures for ever. O give thanks to the God of gods, for his steadfast love endures for ever. O give thanks to the Lord of lords, for his steadfast love endures for ever; to him who alone does great wonders, for his steadfast love endures for ever; to him who by understanding made the heavens, for his steadfast love endures for ever; to him who spread out the earth upon the waters, for his steadfast love endures for ever; to him who made the great lights, for his steadfast love endures for ever; the sun to rule over the day, for his steadfast love endures for ever; the moon and stars to rule over the night, for his steadfast love endures for ever; ... O give thanks to the God of heaven, for his steadfast love endures for ever.

Psalm 136:1-9, 26

Advent Retreat - November 23. The Shepherd of Hermas. See the flyer on p. 4.



St. Andrew Advent Retreat
Saturday, November 23, 2024

The Shepherd of Hermas
Presented by Brian Ephrem Fitzgerald, PhD

Fall Fest!

Many, many thanks to all who participated in and supported our Fall Fest!

leaders * coordinators * cooks * bakers * givers * prayers * greeters * workers * creators * mailers * heavy lifters * assemblers * disassemblers * packers * pricers * carriers * cleaners * supporters * sponsors ... and everyone who played a part in this tremendous endeavor!

May God bless you all!

Angel Tree

St. Andrew's will sponsor an Angel Tree again this year for needy residents of Breakwater Village Nursing Home (formerly Harbor Healthcare) who have no family to provide them with a gift for Christmas. Please reach into your heart and share your love this year with someone who would otherwise be overlooked. Angels will be available on the tree in the foyer in early December, and instructions will be posted nearby. Choose one item, or as many as you would like to give. Please package your gifts in a gift bag with tissue, and return to the church by December 15. Thank you all for your continued love, support, and enthusiasm for this most worthy project!



The Order of St. Ignatius

Congratulations to Lucille LaSala, inducted into the Order when Bp. Thomas visited in October. May God grant you many years!



*As each has received a gift, use it to serve one another,
as good stewards of God's varied grace.*

1 Peter 4:10

REMINDER: **Post-Communion Prayers** are being read immediately following every Divine Liturgy, while the faithful are being dismissed. Please remember to **save your greetings** until you exit the nave, proceeding **quietly and respectfully**. You are encouraged to return to your seat to pray with us in thanksgiving for the Holy Gifts.



بَطْرِيَركِيَّة أنطاكيَّة وَسَائِر المَشْرِق لِلرُّوم الأرثوذكس
Greek Orthodox Patriarchate of Antioch and All the East

WHAT DOES ANTIOCHIAN MEAN?

“And the disciples were first called Christians in Antioch” (Acts 11:26). Our hierarchs (bishops) trace their line of authority directly back to the 1st century, to the Apostle Peter, who was the first Bishop of Antioch, and to the Apostle Paul, the founder of the church in that city.

OUR PATRIARCHATE: The Patriarchate of Antioch and All the East

<https://antiochpatriarchate.org/en/home/>

OUR PATRIARCH: His Beatitude JOHN X, Patriarch of Antioch and All the East

<https://www.antiochpatriarchate.org/en/category/1/>

OUR ARCHDIOCESE: The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

<https://www.antiochian.org/home>

OUR METROPOLITAN ARCHBISHOP: His Eminence, the Most Reverend Metropolitan SABA

<https://www.antiochian.org/dashboard?name=MetSaba>

OUR DIOCESE: The Diocese of Oakland, Charleston, and the Mid-Atlantic

<https://www.antiochian.org/dashboard?name=Diocese%20of%20Oakland,%20Charleston,%20and%20the%20Mid-Atlantic>

OUR DIOCESAN BISHOP: His Grace, the Right Reverend Bishop THOMAS

<https://www.antiochian.org/regulararticle/356>

Contact Kh. Vera at standrewlewes@gmail.com to have these links sent to you for easy clicking.



Charitable Works

Lunchbox Wednesday

We gather together on the **second and last Wednesday of each month at noon** to make 300 sandwiches and bag them with other goodies for the homeless. **Please join us on WEDNESDAYS, November 6 & 20 (note changed dates), at NOON**, when we do it again. Please see Lisa Wolak for details and to inquire about donations needed.



It's
Easy
to
Help!

Essential items for the homeless

We are continuing our collection of essential items for the homeless, to be distributed through the Shepherd's Office in Georgetown. **Any** new or gently-used clothing or shoes are welcome. **Always needed and welcome are personal hygiene items, new socks and undergarments, and gently used tents, tarps, and camping goods.**

Ongoing collection of non-perishable foods

We continue to collect non-perishable food items and paper goods for the food pantry at the Christian Storehouse in Millsboro. Please do not donate anything beyond its expiration date.

Shepherd's Office Amazon Wish List

The good folks at the **Shepherd's Office in Georgetown** (www.shepherdsoffice.org) love to help others and bring them love, care and peace. They provide meals, clothing, and services to the needy in our area. **St. Andrew's helps** them by providing 300 **sandwiches** twice a month and donating **clothing** we no longer need. If you are looking for **another way to help**, you can **donate funds** online at www.degives.org/orgs/shepherds-office-inc or purchase needed items from their **Amazon wishlist** (www.amazon.com/hz/wishlist/ls/2JFM9O9TP1VTC/ref=hz_ls_biz_ex), which can be shipped directly to them. **Thank you for your generosity to those in need!** (Email Kh. Vera at standrewlewes@gmail.com to have these links sent to you for easy clicking!)

November 2024

Every Saturday: 5:15 pm Confession 5:30 pm Choir Rehearsal 6 pm Vespers

TROPARION OF ST. ANDREW - Tone 4 - As the first-called Apostle and brother of their leader, O Andrew, intercede with the Master of all to grant peace to the world, and to our souls great mercy.

Sunday, November 3 19th Sunday after Pentecost Hieromartyrs Akepsimas, Bishop in Persia, Presbyter Joseph, and Deacon Aeithalas, and St. Snanulia, who tended their wounds.

Tone 2 Epistle: 2 Corinthians 11:31 - 12:9 Eothinon 8 (St. John 20:11-18) Liturgy Gospel: Luke 16:19-31

RESURRECTION TROPARION - Tone 2 - When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy godly power. And when Thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto Thee: O Thou who art risen from the dead, O Lord, glory to Thee!

Sunday, November 10 20th Sunday after Pentecost Hieromartyr Milos (or Milēs) the Wonderworker, and two disciples (Persia, 341) Martyr Constantine, King of Georgia (852)

Tone 3 Epistle: Galatians 1:11-19 Eothinon 9 (St. John 20:19-31) Liturgy Gospel: Luke 10:25-37

RESURRECTION TROPARION - Tone 3 - Let the heavens rejoice and the earth be glad; for the Lord hath done a mighty act with his own arm. He hath trampled down death by death and become the First-born from the dead. He hath delivered us from the depths of hades, granting the world the Great Mercy!

Sunday, November 17 21st Sunday after Pentecost Venerable Lazarus the Iconographer, of Constantinople (857) Venerable Nikon, Abbot of Radonezh, disciple of Venerable Sergius (1426)

Tone 4 Epistle: Galatians 2:16-20 Eothinon 10 (St. John 21:1-14) Liturgy Gospel: Luke 12:16-21

RESURRECTION TROPARION - Tone 4 - Having learned the joyful message of the resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples saying, Death hath been spoiled. Christ God is risen, granting the world great mercy!

Sunday, November 24 22nd Sunday after Pentecost Great Martyr Mercurius of Caesarea, in Cappadocia (3rd cent.) Martyr Mercurius of Smolensk (1239)

Tone 5 Epistle: Galatians 6:11-18 Eothinon (St. John 20:14-25) Liturgy Gospel: Luke 18:18-27

RESURRECTION TROPARION - Tone 5 - Let us believers praise and worship the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the cross in the flesh, to suffer death, and to raise the dead by his glorious resurrection.

Regular Schedule

Saturday 5:15 pm Confession 6 pm Vespers Sunday 9 am Orthros 10 am Divine Liturgy

Check our online calendar at www.orthodoxdelmar.org/calendar for the most up-to-date schedule.

Special dates in November:

St. John Chrysostom Wednesday, November 13 Divine Liturgy, 10 am

Christmas (Advent) Fast begins November 15. See pages 5-6 for guidelines.

Entry of the Theotokos into the Temple Tuesday, November 21 Divine Liturgy 10 am Potluck Luncheon (fasting menu)

St. Andrew the First-Called Our Patronal Feast Day Saturday, November 30 Divine Liturgy, 10 am Potluck Luncheon (fasting menu)

Stewardship

2024 Pledges

We are nearing the end of the year - are you up to date on your pledge? Your regular and faithful giving is essential to St. Andrew's month-to-month financial health. If you are unsure where you stand on your 2024 pledge, please contact our treasurer at standrewtreasurer@gmail.com.

MANY THANKS to all for your faithful support!



Make note of our regular service times:

Saturday Confessions 5:15 pm Sunday Orthros/Matins 9:00 am Saturday Vespers 6:00 pm Sunday Divine Liturgy 10:00 am

Please contact Father Herman for information about becoming a member of St. Andrew Orthodox Church

Rev. Father Herman Acker, Pastor 33384 Mackenzie Way, Lewes, DE 19958 302-645-5791

frherman1@gmail.com orthodoxdelmar.org

St. Andrew Advent Retreat

Saturday, November 23, 2024

The Shepherd of Hermas

Presented by Brian Ephrem Fitzgerald, PhD

The early second-century work and apocalypse, *The Shepherd of Hermas*, is **one of the earliest pieces of Christian literature** extant outside of the New Testament. In early Christian times it was so highly regarded in some circles that some Christian writers, such as Irenaeus of Lyon, Clement of Alexandria, and Origen, regarded it as canonical scripture. Although advocacy for its canonicity soon faded, *The Shepherd* was still considered **spiritually beneficial**, as reflected in the *Muratorian Canon* and the works of Athanasius of Alexandria, Rufinus, and Jerome. This apocalypse sets forth a **final call to repentance before the end** of the current age. As such, it is a stirring testimonial to the efficacy of repentance. It also reflects the spirituality of the common Christian in an age wherein the works of the New Testament were recently composed, in which memories of Christ's sojourn on earth were not so distant, and in which the nearness of Christ's Second Coming was still strongly felt.



Brian Fitzgerald is an independent scholar, adjunct professor at Eastern University, and long-term Orthodox Christian with publications at Liverpool University Press, the Abdul Hameed Shoman Foundation, and the Annual of the Department of Antiquities of Jordan. He has special interests in Byzantine and Syriac Christian history and theology, as well as Roman, Late Antique, Byzantine, and Middle Eastern history in general. He also has a series of online Patristic-related lectures freely available at the URL: https://sites.google.com/site/brianephrim/adult_patristic_studies

Retreat Schedule:

- 09:30 am: Coffee and welcome
- 10:00 am: Third Hour and First Presentation: Introduction: About Hermas and His Work
- 11:15 am: Break
- 11:30 am: Second Presentation: Repentance: Its Character, Time, and Place
- 12:45 pm: Lunch
- 02:00 pm: Sixth Hour and Third Presentation: Paraenesis: What underlies Hermas' Ethics?
- 03:15 pm: Break
- 03:30 pm: Fourth Presentation: Ecclesiology: The Church as Hermas understands it, and Final Conclusion and Q&A

All are welcome to remain for coffee, fellowship, and Vespers at 6:00 pm.

Lunch will be provided. (Free-will offerings will be accepted)

Please register so we may plan accordingly:

◆Email standrewlewes@gmail.com

St. Andrew Orthodox Church

33384 Mackenzie Way - Lewes, DE 19958
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www.orthodoxdelmar.org

THE CHRISTMAS FAST - AN OUTLINE

November 15 - December 24

DAYS	THE HOLY CANONS SPECIFY THE FOLLOWING:	
Sunday Monday Tuesday Thursday Saturday	<u>Abstinence of:</u> Meat & Meat products Dairy products	<u>No Abstinence of:</u> Fish Shellfish Olive Oil Vegetables & vegetable products Fruit Wine
Wednesday Friday	(As on all Wednesdays, Fridays, and other days of Fast) <u>Abstinence of:</u> Meat & Meat products Dairy products Fish, Wine, & Oil	

Note: From Dec. 13 to Dec. 24 inclusive, the Fast becomes stricter, and olive oil and wine are permitted only on Saturdays and Sundays. Also, fish is not permitted on any day during this period.

Wine and oil are permitted on the following commemorations, even when they fall on a Wednesday or Friday:

- November 16 - Holy Apostle Matthew the Evangelist
- November 21 - Entry of the Theotokos - fish is also permitted on this day.
- November 25 - St. Catherine the Great Martyr
- November 30 - Holy Apostle Andrew the First-Called
- December 4 - St. Barbara the Great Martyr and St. John of Damascus
- December 5 - St. Sabbas the Sanctified
- December 6 - St. Nicholas the Wonderworker, Bishop of Myra in Lycia
- December 9 - Conception by St. Anna of the Holy Theotokos
- December 12 - St. Spyridon the Wonderworker
- December 13 - St. Eustratius and Companions, and St. Lucia
- December 15 - St. Eleutherius the Bishop-Martyr
- December 17 - Holy Prophet Daniel & the Three Youths, and St. Dyonysius of Zante
- December 20 - St. Ignatius the God-bearer

Note: December 24 is a day of strict fast.
 There is no fasting from December 25 through January 4.
 January 5 is a day of strict fast (day before Theophany).

FASTING PRIOR TO RECEIVING HOLY COMMUNION
(Throughout the year)

**Sunday Morning
Divine Liturgy**

Complete fast from all food and drink from bedtime or midnight on Saturday evening. Saturday evening should be a quiet time of prayer and preparation for communion.

Evening Liturgies

Complete fast from all food and drink after lunch. Any (very light) breakfast or lunch meal taken should include only fasting foods.

Note: It is assumed that those who desire to receive Holy Communion regularly and frequently will also keep the Wednesday and Friday discipline.

A Note from Bishop Thomas:

Please remember that the Fast of the Holy Nativity or the Advent Fast will commence on November 15 and continue until the Feast (December 25). This fasting period is ordained by the Holy Church in order to prepare for the Holy Nativity of Our Lord. The particulars of the fast are as follows: During the first 28 days of the Fast, from November 15 to December 13 all meat products and dairy products are forbidden. On Wednesdays and Fridays, of course, olive oil, wine, all alcoholic beverages and fish are also forbidden as on most Wednesdays and Fridays during the year. This means that one can eat fish, shellfish, vegetables, and fruit during this time. On Wednesdays and Fridays, only shellfish, vegetables and fruit. During the last twelve days, December 13-24, fish, olive oil, wine, and all alcoholic beverages are not used at all, except oil and wine can be used on Saturdays and Sundays. Therefore, in the last twelve days, we may eat shellfish, vegetables and fruit. Please remember to increase your prayer life, read more scripture and spiritual books, especially the lives of the saints. A little less television, no anger, no gossip, no laziness, and let's try to avoid the pre-Christmas parties. If we prepare in this way, God will bless us, and we will find the Feast of the Nativity of Our Lord to be far more spiritually rewarding than ever before. May God help us to struggle courageously.

Thank you.

Yours in Christ,

+Bishop THOMAS